## **Terms of Use and Privacy Policy**

Strength For Life, Inc. ("we," "us," or "our") is a registered 501(c)(3) non-profit organization dedicated to providing free exercise classes and wellness retreats and services to those impacted by cancer. By using our website and services (collectively, the "Services"), you agree to the following Terms of Use and Privacy Policy. Please read these carefully.

#### Terms of Use

## 1. Eligibility

Our Services are intended for cancer patients, survivors, and thrivers who wish to participate in wellness programs. By using our Services, you confirm that you meet these eligibility requirements.

#### 2. Use of Services

- **Personal Use Only:** The Services are for your personal, non-commercial use. You may not modify, distribute, or sell any content provided through the Services without our prior written consent.
- **Prohibited Conduct:** You agree not to:
  - o Use the Services for any unlawful purpose.
  - o Submit false or misleading information.
  - o Interfere with the security or operation of the Services.

## 3. Intellectual Property

All content, materials, and trademarks on our website are owned by or licensed to Strength For Life, Inc. Unauthorized use of these materials is prohibited.

## 4. Disclaimer of Warranties

Our Services are provided "as is" and "as available" without warranties of any kind, express or implied. While we strive to provide accurate information, we make no guarantees about the accuracy, reliability, or availability of our Services.

## 5. Limitation of Liability

Strength For Life, Inc. is not liable for any direct, indirect, incidental, or consequential damages arising from your use of the Services. This limitation of liability applies to the fullest extent permitted by law.

## 6. Changes to Terms

We may update these Terms of Use from time to time. Continued use of the Services after changes are posted constitutes your acceptance of the new terms.

## **Privacy Policy**

#### 1. Information We Collect

We may collect the following information when you use our Services:

- **Personal Information:** Such as your name, email address, and any other details you voluntarily provide when registering or signing up for programs.
- **Non-Personal Information:** Such as anonymized usage data and analytics to improve our Services.

#### 2. How We Use Your Information

We use your information to:

- Provide and improve our Services.
- Communicate with you about upcoming classes, retreats, fundraisers, and updates.
- Comply with legal obligations.

## 3. Sharing of Information

We do not sell your personal information, including mobile information, to third parties for text messaging marketing/promotional purposes. Strength For Life, Inc. does not share donor names and mailing addresses with other nonprofit organizations. We may share information only in the following circumstances:

- With trusted service providers who assist us in delivering the Services (e.g., email platforms), subject to strict confidentiality obligations.
- As required by law or to protect our rights and the safety of others.

## 4. Referring Healthcare Providers

If your healthcare provider referred you to Strength For Life, Inc., we may communicate with your referring provider about your participation in our programs and services.

### 5. Data Security

We take appropriate measures to safeguard your information from unauthorized access, use, or disclosure. However, it's important to note that no data transmission over the Internet or storage system can be completely secure.

#### 6. Your Rights

You have the right to:

- Access and request correction of your personal information.
- Opt out of receiving communications by emailing us at <u>strengthforlifeny@gmail.com</u> indicating you wish to unsubscribe.

## 7. Third-Party Links

Our website may contain links to third-party websites. We are not responsible for the privacy practices or content of these external sites.

#### 8. Retention

Strength For Life, Inc. retains Personal Information that we receive for as long as necessary to fulfill the purpose(s) for which the information was collected, to provide our Services, to pursue legitimate business purposes, to enforce our agreements, and comply with all applicable laws.

## 9. Changes to Privacy Policy

We may update this Privacy Policy as necessary. Changes will be posted on this page, and significant updates will be communicated to you directly.

#### **Contact Us**

If you have any questions about these Terms of Use or Privacy Policy, please contact us at:

# Strength For Life, Inc.

Email: StrengthForLifeNY@gmail.com

Mailing Address: 21 Pulaski Road, PMB 119, Kings Park, NY 11754

Thank you for being a part of our community. Together, we strive to promote wellness and healing for cancer patients, survivors, and thrivers.

Last Updated: November 2024